

# Meigs Memos

## Tuesday, August 13, 2019

A Weekly Publication of Meigs Academic Magnet School [www.meigsacademicmagnet.org](http://www.meigsacademicmagnet.org)

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**NEW** this year! >> Use the new [My School Bucks app](#) to pay for school lunch

### **Open House**

Don't forget that Open House is this Thursday, beginning at 5:30. On Thursday morning, I will be sending out the schedule for you to follow for the evening. The format for this event has not changed. For new families, please know that this is a time to attend each of your child's classes to learn all about the teachers, along with their processes and procedures. Meigs Mart will also be open before and after the event. See the PTO news, below, for details.

See you then!

Dr. Underwood

### **Lost and Forgotten**

We have many lunchboxes that are found (daily) and turned in to the office. Please make sure your student's name is written clearly in permanent marker somewhere on or inside their lunchbox so if (or when) they lose their lunchbox, we know who to return it to.

If your student forgets to bring their lunch to school or they forget to bring their instrument for band or strings, please tell your student to check in the office prior to needing these items for class or lunch. Lunch boxes and instruments are the two most forgotten items that parents bring for their student. In trying to protect our instructional time, if students will check with the office this will eliminate the need to call their classroom with this disruption to tell them the item is here.

### **SEL for Parents**

"It's difficult to have a teenager's mind. The brain develops rapidly during the adolescent years, which partially explains why teens experience anger, sadness and frustration so intensely. During these tumultuous years, hormones surge, bodies change and adolescents must face a number of social and academic challenges, such as managing their relationships, and coping with peer rejection. These worries can take a definitive toll on a teenager's emotional health."

For additional information, go to our SEL at Meigs website

(<https://selatmeigs.weebly.com/sel-for-parents-2019-20.html>).

### **We appreciate our PTO and donations from Walmart**

Thank you to Walmart #4435 and our fabulous PTO for breakfast for our teachers to begin the year! We appreciate the generosity and kindness in support of our work.

### **Car Rider Reminders**

Car Rider Line is running very smoothly! Thank you for helping us keep all of our students safe during arrival and dismissal. A few reminders will keep things moving quickly for everyone:

- Use the cul-de-sac at the end of 8<sup>th</sup> to loop around in order to turn right into the car rider line.
- There is no entry from 7<sup>th</sup> Ave.

- Any student walking to/from campus in the a.m. and/or p.m. should provide a written request to [Kathryn.forrest@mnps.org](mailto:Kathryn.forrest@mnps.org). Once the request is received, a walker's pass will be provided to the student.
- Please remember that the bus lane is only for busses in the mornings until 8:00, and in the afternoons until 3:30. At all other times (after 8:00 and after 3:30, please use the main entrance (Ramsey St side) to enter the building.

## **PTO NEWS**

### **CITY SAVER VOLUNTEERS NEEDED**

City Saver coupon books will come home **Tuesday, August 20<sup>th</sup>**. We need your help to prepare for the kickoff and to process orders during the sale, which will run through September 10<sup>th</sup>.

Meigs has been the highest selling middle school in Metro for the last 3 years. All proceeds go right back into our classrooms! Please consider joining us for one or more workdays over the next month. This is a BIG fundraiser with a BIG NEED for VOLUNTEERS!

**SIGN UP HERE:** <https://www.signupgenius.com/go/10C0545AFAE2CA2F85-city>

### **SHOP THE SPIRIT STORE AT OPEN HOUSE**

The **Spirit Wear Store will be open** from 4:30pm – 5:30pm before Open House and after Open House from 7:30pm – 8:15pm. The store has restocked and will have a variety of styles and sizes.

Remember to bring cash if you are planning to shop the Spirit Wear Store. There is a small price increase for credit card purchases to cover fees.

### **Chess Club**

Chess Club will begin meeting after school Thursday, August 22 and continue each Thursday throughout the year. More details will be in next week's Meigs Memos.

### **Volleyball Tryouts**

All 6<sup>th</sup>, 7<sup>th</sup>, and 8<sup>th</sup> grade girls interested in trying out for volleyball should stop by Coach Shaffer's room (218) to sign up on the clipboard by her door by Friday unless they already signed up in May.

All forms including a current physical must be turned in before tryouts. Tryouts will be held in the gym Monday, August 19<sup>th</sup> and Tuesday, August 20<sup>th</sup> from 3:00-5:00. Each girl must wear P.E. attire, tennis shoes, and knee pads.

Cuts will be made on Wednesday, and the team will be named on my Web page that night. (<http://mslisashaffer.weebly.com>)

Our informational parent meeting will be held on Thursday, August 22<sup>nd</sup> immediately following practice at 5:00.

Please make every effort to have at least one parent attend the meeting.

Please contact Coach Shaffer by email if you have any questions at [lisa.shaffer@mnps.org](mailto:lisa.shaffer@mnps.org).

### **Cross Country**

Meigs will be having a Cross Country team this year!

Cross Country is open to all 5<sup>th</sup>-8<sup>th</sup> grade boys and girls.

To register, and get more information, go to [www.nashvilleyouthathletics.org](http://www.nashvilleyouthathletics.org). The deadline for registration is August 25<sup>th</sup>. In addition, a physical, dated April 15, 2019, or after is required before any participation in practices or meets. The physical will need to be turned in to Ms McMurray. The physical paperwork can be located in the main office.

Practices will start on Tuesday, August 20<sup>th</sup> 3:05-4:45.

An informational meeting for parents will be held on Monday, August 19<sup>th</sup> at 3:15 in room 205.

Questions?

Please contact Coach McMurray at [justine.mcmurray@mnps.org](mailto:justine.mcmurray@mnps.org)

### **New York Trip 2020**

All currently enrolled 7th & 8th grade students at Meigs Academic Magnet School have the opportunity to participate in the New York Trip. The trip will occur March 18-22, 2020 (During Spring Break)

#### **Included are:**

- An evening in Times Square
- A visit to the Statue of Liberty
- A Broadway Play (probably Frozen)
- Admission to the 9/11 Memorial and Museum
- A visit to the Museum of Natural History
- Central Park, Upper & Lower Manhattan and much more!

**Parents and students are invited to attend an informational meeting in regard to the trip on Wednesday August 21 at 5:30pm in the Meigs Magnet School Cafeteria.**

**A representative of Thomas Tours will be present to discuss the trip and to answer any questions.**

**Alvin Haney Trip coordinator**

### **MEIGSACADEMICMAGNET.ORG**

We have a school calendar where everything that is going on at Meigs is listed! Please use the link below to access the Meigs Calendar to see all the wonderful and exciting things we have coming up. You can also access this page through the Meigs home page under the calendar and news link.

<http://www.meigsacademicmagnet.org/calendar.html>